

Curriculum Vitae

C.R.J. Jowett

B.Sc.(Hons.), M.B.B.S., M.R.C.S.,

F.R.C.S.(Tr. & Orth.)

PERSONAL DETAILS

Name	Charles R J Jowett
Date of birth	15 th July 1978
Nationality	British
Civil Status	Married
GMC No.	6077088
MDU No.	361980X
BOA	17846
Societies	British Orthopaedic Association British Orthopaedic Foot and Ankle Society American Orthopaedic Foot & Ankle Society Royal College of Surgeons, England
Current Appointment	Consultant Trauma & Orthopaedic Surgeon Subspecialty Foot & Ankle surgery York Teaching Hospitals NHS Trust

EDUCATION

2009-2014	Postgraduate	Royal London Hospital Orthopaedic Training Rotation
1997-2003	University	Guy's, King's and St. Thomas' Hospitals Medical School, University of London
1991-1996	School	Eton College, Windsor, Berkshire

QUALIFICATIONS

2017	A.T.L.S. (instructor)	RCS, England
2014	A.T.L.S. (provider)	Poole
2013	F.R.C.S. (Orth)	RCS, England
2006	M.R.C.S.	RCS, Edinburgh
2005	A.T.L.S. (provider)	Poole
2003	M.B.B.S.	University of London
2000	BSc. (Hons.) Physiology 2:1	University of London

AWARDS

2018	American Orthopaedic Foot & Ankle Society Travelling Fellowship
2016	European Foot & Ankle Society Travelling Fellowship
2015	British Orthopaedic Foot & Ankle Society ‘Silver’ Travelling Scholarship
2015	‘Ethicon’ Travelling Scholarship
2015	‘Orthosolutions’ Travelling Scholarship
2002	University of London Travel Award
2002	Year 4 Merit in Special Study Modules

ORTHOPAEDIC AND TRAUMA APPOINTMENTS

Previous Posts

2016	Foot & Ankle Fellowship Royal Bournemouth Hospital	Mr H Taylor
2015	Foot & Ankle Fellow The Alfred Hospital, Melbourne, Australia	Mr H Bedi

The Royal London Specialist Registrar Rotation

October 2014-January 2015 Trauma, Foot & Ankle, Limb reconstruction	ST8	Mr N Heidari Royal London Hospital
April 2014- October 2014 Trauma, Hip & Knee	ST8	Mr P Achan Royal London Hospital
October 2013-April 2014 Spines & Arthroplasty	ST7	Mr R Bajekal Barnet General Hospital
April 2013-October 2013 Foot & Ankle	ST7	Mr A Goldberg RNOH, Stanmore
October 2012-April 2013 Lower limb arthroplasty	ST6	Mr C Mbubaegbu Homerton Hospital
April 2012-October 2012 Foot & Ankle	ST6	Mr I Garnham Whipps Cross Hospital
October 2011-April 2012 Lower Limb arthroplasty	ST5	Mr G Robbins Whipps Cross Hospital
April 2011-October 2011 Foot & Ankle, Limb reconstruction, Paediatrics	ST5	Mr M. Barry Royal London Hospital
October 2010-April 2011 Spines & Arthroplasty	ST4	Mr J Targett Basildon Hospital
April 2010- Ocotber 2010 Upper Limb	ST4	Mr S Auplish Queen's Hospital Romford
October 2009-April 2010 Paediatrics	ST3	Mr M Ramachandran Royal London Hospital
April 2009-October 2009 Lower limb arthroplasty	ST3	Mr B Levack Queen's Hospital Romford
January 2009-April 2009 Lower limb soft tissue & arthroplasty	ST3	Mr SJ Mellor Barnet General Hospital

Post Membership posts

September 2008-December 2008 Spines	LAT	Mr. DC Chapple Salisbury District Hospital
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July 2008-September 2008 Lower limb arthroplasty	LAT	Mr. P Ward Dorset County Hospital
August 2007-July 2008 Trauma Fellow		Mr. P Achan, The Royal London Hospital
May 2007-August 2007 Bone Tumour Unit	SHO	Mr. R Pollock RNOH, Stanmore
February 2007-May 2007 Foot & Ankle	SHO	Mr. D Singh, Mr N Cullen RNOH, Stanmore

Poole & Bournemouth Basic Surgical Training Rotation

August 2006-February 2007	General Surgery	Mr JA Pain Poole Hospital
February 2006-August 2006	Orthopaedics	Mr JJ Southgate Poole & Bournemouth Hospitals
August 2005-February 2006	Colorectal Surgery	Mr GF Nash Poole General Hospital

Senior House Officer

February 2005- August 2005	Anatomy Demonstrator Resident Medical Officer	Dr. I Parkin Cambridge University The Nuffield Hospital Cambridge
August 2004- Feb 2005	Accident & Emergency	Dr G Cumberbatch Poole General Hospital

Pre Registration House Officer

May 2004- August 2004	Care of the Elderly	Dr R McGovern St. Thomas' Hospital
February 2004- May 2004	General Medicine	Dr J Coutts St. Thomas' Hospital
August 2003- February 2004	General Surgery	Mr J A Pain Poole General Hospital
Student Elective	Trauma Unit GF Jooste Hospital, Cape Town, South Africa.	

RESEARCH

Publications:

Jowett CRJ, Richmond A, Bedi HS. Paratendionus scraping and excision of plantaris for Achilles tendinopathy. *Techniques in foot & ankle surgery*. Accepted August 2017

Jowett CRJ, Hiscock R, Curry H, Goldbloom D, Bedi HS. All patients are not the same. An audit of foot & ankle elective clinic patients treated in the private and public sectors. *Fuss & Sprunggelenk* 2017,15(2); 108-113.

Jowett CRJ, Bedi HS. Preliminary results and learning curve of the minimally invasive chevron akin (MICA) operation for hallux valgus. *J Foot Ankle Surg* 2017, 56 (3), 445-452.

Jowett CRJ, Rodda D, Amin A, Bradshaw A, Bedi HS. Minimally Invasive Calcaneal Osteotomy: A clinical and cadaveric evaluation. *Foot Ankle Surg*. 2016, 22(4):244-247

Jowett CRJ, Morcuende J, Ramachandran M. Systematic review of Ponseti treatment. *JBJS(Br)*. 2011, 93-B. 9; 1160-1164

Jowett CRJ, Prime M, Basu I, Levack B. Fractured neck of femur: the effect of fracture fixation and timing on mortality. *Injury extra*, 2010: 41(12):170

Jowett CRJ, Singh D. Osteoid Osteoma of the great toe: A case report. *Foot Ankle Surg* 2010 Jun;16(2):e12-5

Jowett CRJ, Mitra P, O'Donnell P, Singh D. Synovial lipomatosis of hindfoot tendon sheaths: case reports and literature review. *Foot Ankle Int*. 2008 Jul;29(7):752-5.

Jowett CRJ, Davis W, Flanagan A, Bayan A, Cullen NPS. Clear cell sarcoma of the distal tibialis posterior tendon insertion: a case report. *Foot Ankle Int*. 2008 Apr;29(4):445-8

Bedi HS, **Jowett CRJ** et al. Plantaris excision and ventral paratendinous scraping in an athletic population. A clinical and ultrasonographic assessment. *Foot Ankle Int*. 2016, 37(4):386-393.

Akyol E, **Jowett CRJ**, Khan W. Management of vertebral osteoporotic fractures. *Geriatric Medicine* June 2014

Sewell M, Adebibe M, Jayakumar P, **Jowett C**, Kong K, Vemulapalli K, Levack B. Use of the WHO surgical safety checklist in trauma and orthopaedic patients. *Int Orthop*. 2011, 35(6):897-901.

Basu I, Subramanian P, Prime M, **Jowett C**, Levack B. The use of biochemical parameters as nutritional screening tools in surgical patients. *Surgical Science*. April 2011;2:2; 89-94

Basu I, **Jowett CRJ**, Levack B. Girdlestones excision arthroplasty: Current update. *Int J of Surgery*. 2011;9(4):310-3.

Griffiths D, Gikas P, **Jowett C**, Bayliss L, Aston W, Skinner J, Cannon S, Blunn G, Briggs T, Pollock R. Proximal humeral replacement using a fixed-fulcrum endoprostheses. *JBJS(Br)* 2011, March: 93B; 399-403

Book Chapters

Jowett CRJ, Barry M. Paediatric upper limb. *Paediatric Orthopaedics in Clinical Practice*. Springer 2016

Jowett CRJ, Barry M. Lower limb alignment and leg length discrepancy. *Paediatric Orthopaedics in Clinical Practice*. Springer 2016

Jowett CRJ, Edwards H, Achan P. Distal tibia (pilon) fracture: Staged fixation. *Fractures of the Tibia: A Clinical Casebook*. Springer 2016

Bardelli D, Losana A, Pesce, **Jowett C**. Minimally invasive surgery for Hallux Valgus. *Foot and Ankle Surgery. Surgical techniques in sports medicine (EFOST)*. JP Medical 2015

Marconetto M, Marcarelli M, **Jowett C**. Surgical treatment for osteochondrosis of the second metatarsal head (Freiberg disease). *Foot and Ankle Surgery. Surgical techniques in sports medicine (EFOST)*. JP Medical 2015

Cantana G, Casale V, **Jowett C**. Endoscopic Achilles tenolysis. *Foot and Ankle Surgery. Surgical techniques in sports medicine (EFOST)*. JP Medical 2015

De Carli A, **Jowett C**. Repair of Achilles tendon with mini open technique. *Foot and Ankle Surgery. Surgical techniques in sports medicine (EFOST)*. JP Medical 2015

Jowett CRJ, May J, Myers S, Bates P. Open Fractures and Soft Tissue Injuries. *Orthopaedic Trauma: The Stanmore and Royal London Guide*. Taylor & Francis Group 2014

Laboratory research

Jowett CRJ, Vaughton AN & Imms FJ. An investigation into the effects of heart rate and blood pressure on actively and passively moving from a lying to standing position (2000). *Submitted as a thesis in support of an application for a Bachelor of Science degree*.

AUDIT

- 2015 **A clinical review of minimally invasive calcaneal osteotomy.**
Presented at Melbourne foot & ankle group
- 2014 **Does day case trauma surgery increase productivity and save money for the trust?**
Presented at Bart's Health Trust audit
- 2014 **Does The Royal London adhere to BOAST fracture clinic guidelines?**
Presented at Royal London audit meeting
- 2014 **How accurate are we with our provisional diagnosis when ordering knee MRI scans?**
Presented at Barnet & Chase Farm audit meeting
- 2012 **The correct documentation of operation notes**
Presented at future Orthopaedic Surgeons Conference Bristol
- 2011 **Are we ordering hip MR arthrograms appropriately?**
Presented at Basildon departmental audit meeting
- 2010 **Are we gaining adequate consent for trauma surgery?**
Presented at Queen's Romford departmental audit meeting
- 2010 **The timeline between admission and operation for neck of femur fractures.**
Presented at The British Trauma Society
- 2008 **The delay in referral to upper limb clinics for patients with a rotator cuff tear and frozen shoulder**
Presented at The Royal London Departmental audit meeting
- 2008 **The Accuracy of data collection for the Trauma database at The Royal London**
Presented at The South African Orthopaedic congress
- 2007 **The appropriate management of open tibial fractures at The Royal London**
Presented at The Royal London departmental audit meeting
- 2004 **Sieve & Treat in Poole Accident & Emergency. Safety in Comparison to the Manchester Triage System**
Presented at the Poole Hospital Departmental audit meeting
- 2004 **Management Of Patients Post Myocardial Infarction.**
Presented at the Multi-Professional Audit Research Group, Guy's & St. Thomas' Trust.

PODIUM PRESENTATIONS

- 2016 **Plantaris excision and ventral paratendinous scraping for Achilles tendinopathy in an athletic population. A clinical and ultrasonographic assessment**
Jowett CRJ, Ristanis S, Docking S, Cook J, Bedi HS
British Orthopaedic Association
- 2015 **Minimally Invasive Calcaneal Osteotomy: a cadaveric and clinical evaluation**
CRJ Jowett, Rodda D, Amin A, Bradshaw A, Bedi HS
Australian Orthopaedic Association
- 2015 **Preliminary results and learning curve in Minimally Invasive Chevron Akin osteotomy (MICA)**
Jowett CRJ, Bedi HS
Australian Orthopaedic Foot & Ankle Society Meeting
- 2015 **Minimally Invasive Calcaneal Osteotomy (MICO): A clinical evaluation**
Jowett CRJ, Bedi HS
Australian Orthopaedic Foot & Ankle Society Meeting
- 2015 **The outcome of Pigmented Villonodular Synovitis around the ankle joint**
Jowett CRJ, Parker, L Singh D
Australian Orthopaedic Association
- 2015 **The medium term clinical results of ventral paratendinous scraping and excision of the plantaris tendon in non insertional Achilles tendinopathy**
Jowett CRJ, Richmond A, Bedi HS
Australian Orthopaedic Foot & Ankle Society Meeting
- 2012 **A review of lower limb fractures treated with Nancy Nails in children.**
Gillani S, **Jowett CRJ**, Barry M.
RLHOTS
- 2011 **Systematic review of Ponseti treatment**
Jowett CRJ, Morcuende J, Ramachandran M.
1st International kids Ponseti conference
- 2010 **Nutritional assessment of orthopaedic patients: The significance of biochemical parameters.**
Basu I, Prime M, **Jowett C**, Davies T, Howes M, Levack B.
British Geriatric Society
- 2010 **The effect of fracture fixation on mortality in patients with fractured neck of femur.**
Jowett CRJ, Prime M, Basu I, Levack B.
RLHOTS
British Trauma Society

- 2010 **Girdlestones excision arthroplasty: A modern view**
Basu I, **Jowett CRJ**, Levack B.
Indian Orthopaedic Society (UK)
- 2009 **Pelvic Trauma: How do we manage it?**
Jowett CRJ, McMahon S.
RLHOTS
- 2007 **Bayley-Walker Proximal Humeral Replacement: 17 year follow up.**
Griffiths D, Gikas P, **Jowett C**, Pollock R
British Orthopaedic Oncology Society
- 2007 **Slipped Upper Femoral Epiphysis.**
Jowett CRJ, Barry M
Surgical Grand Round, The Royal London Hospital
- 2006 **The Role of Surgery in Crohn's Disease.**
Jowett CRJ, Nash G
Surgical Grand Round, Poole Hospital

POSTER PRESENTATIONS

- 2016 **Preliminary results and learning curve in Minimally Invasive Chevron Akin osteotomy (MICA)**
Jowett CRJ, Bedi HS
British Orthopaedic Association
- 2010 **'Trauma Tracker' a database for a level 1 trauma centre.**
Jowett CRJ, Jayakumar P, Achan P, Ramachandran M
South African Orthopaedic Congress
- 2009 **Development of web-based trauma software significantly facilitates quality of data collection for research and quality assurance**
Raptis DA, Jayakumar P, **Jowett C**, Skipworth J, Ramachandran
ISHIMR

TEACHING

Lectures

- 2016 Advanced foot & ankle forum. Open versus minimally invasive lesser metatarsal osteotomies
- 2016 Royal Bournemouth Combined clinical governance meeting. The role of NSAIDS in Orthopaedics

- 2014 RNOH, MSc Course: The complications and management of open fractures
- 2012 Royal London MSc Course: The complications and management of open fractures
- 2012 Eton College medical society: Management of Orthopaedic Trauma
- 2010 Paediatric Study day RSM: Normal Variants in Paediatric Orthopaedics

Faculty Member

- 2014 BOA Plaster Course, RNOH, Stanmore
- 2014 Royal London FRCS(Orth) Trauma viva course
- 2014 Practical Orthopaedics Course: Royal London Hospital
- 2014 Interview course for prospective medical students. Eton College
- 2013 Practical Orthopaedics Course: Royal London Hospital
- 2012 Orthopaedics revolution, Whipps Cross Hospital
- 2007 ‘So you want to do medicine?’ course. RNOH, Stanmore
- 2007 BOA Plaster Course, RNOH, Stanmore

Anatomy Demonstrator

- 2005 Cambridge University

G.A.P. Teacher

- 1997 Scots College, New Zealand.

MANAGEMENT

- 2017 **Clinical lead for morbidity and mortality.** York District Hospital
- 2014 **‘Senior Registrar’ Royal London Hospital**
- 2014 **Course Organiser:** The Royal London FRCS(Orth) Trauma viva course.

2014 **Essentials of Medical Management and Leadership Course**

2013 **Teaching Co-ordinator-Homerton Hospital**

2012 **Rota Co-ordinator-Whipps Cross Hospital**

COMMITTEE REPRESENTATION

2011- **Academic Secretary Royal London Hospital Orthopaedic and Trauma**
2014 **Society**

2010- **Social Secretary Royal London Hospital Orthopaedic and Trauma**
2011 **Society**

2005- **Old Etonian Golfing Society**
2009

2000- **GKT Sports and Societies Council**
2001

1999- **University of London Sports Council**
2000

EXTRA CURRICULAR ACTIVITIES

Sport

1990-2013	Member	Parkstone Golf Club
2001-2002	Captain	United Hospitals Cricket Club
2000-2001	Captain	GKT Cricket Club
1999-2000	Captain	University of London Golf Club
1998-1999	Captain	Guy's and St. Thomas' Golf Club
1996	Lord's	Eton XI vs Harrow
2016	Member	Marylebone Cricket Club

Music

1996	Trumpet	Grade VII
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